

## Native Flute Nursery Rhymes

These nursery rhymes are ideal for setting the cadence for improvisations.

### Jack and Jill

Jack and Jill went up the hill  
to fetch a pail of water  
Jack fell down and broke his crown  
And Jill came tumbling after.

Up got Jack, and home did trot  
As fast as he could caper  
He went to bed and bound his head  
With vinegar and brown paper.

### Jack Be Nimble

Jack be nimble  
Jack be quick  
Jack jump over  
The candlestick.

### Hickory Dickory Dock

Hickory dickory dock  
The mouse ran up the clock  
The clock struck one  
The mouse ran down  
Hickory dickory dock

### Humpty Dumpty

Humpty Dumpty sat on a wall,  
Humpty Dumpty had a great fall.  
All the King's horses, And all the King's men  
Couldn't put Humpty together again!

## **Jack Sprat**

Jack Sprat could eat no fat  
His wife could eat no lean  
And so betwixt the two of them  
They licked the platter clean

Jack ate all the lean,  
Joan ate all the fat.  
The bone they picked it clean,  
Then gave it to the cat

Jack Sprat was wheeling,  
His wife by the ditch.  
The barrow turned over,  
And in she did pitch.

Says Jack, "She'll be drowned!"  
But Joan did reply,  
"I don't think I shall,  
For the ditch is quite dry."

## **One Two Buckle My Shoe**

One two buckle my shoe  
Three, four, knock at the door  
Five, six, pick up sticks  
Seven, eight, lay them straight  
Nine, ten, a big fat hen  
Eleven, twelve, dig and delve  
Thirteen, fourteen, maids a-courting  
Fifteen, sixteen, maids in the kitchen  
Seventeen, eighteen, maids in waiting  
Nineteen, twenty, my plate's empty

## **Pat a Cake**

Pat a cake, Pat a cake, baker's man  
Bake me a cake as fast as you can;  
Pat it and prick it and mark it with a 'B',  
And put it in the oven for Baby and me.